

# **HOLLIDAYSBURG AREA YMCA**

## 2017 COMMUNITY WELLNESS CHALLENGE SERIES

#### **RACE OF CHAMPIONS**

Our first event is a new addition to our race series beginning and ending in Altoona. This is a great start to our series with a challenging course running up Broad Avenue Extension. This race offers a **5k run, 2 mile run and a 2 mile walk**.

**Date:** March 25, 2017 at 8:00AM

**Location:** Blair Candy, Altoona

## **BUD SHUSTER RUN FOR YOUR LIFE RACE**

Our 9<sup>th</sup> year for the Bud Shuster Run for Your Life Race is one of our most unique races as participants run a portion of Route 36. New this year – test your speed in a **1 mile run** – our event will also consist of a **2 mile run and 2 mile walk**.

**Date:** April 22, 2017 at 8:00 AM **Location:** Hollidaysburg Area YMCA

#### **ALTOONA CURVE RACE**

Run around the warm up track inside the stadium, into Lakemont Park and finish back in the stadium. Consisting of a **5k** and **2 mile run and 2 mile walk**. Every participant receives a ticket to the ballgame for later that evening.

**Date:** May 20, 2017 at 8:00AM **Location:** Peoples Natural Gas Park

## **JULY 4th ANGIE GIOIOSA MEMORIAL RACE**

In its 43<sup>rd</sup> year this race includes a **15k run, 5k run (certified), 2 mile walk and Lollipop Run for ages 6 & under**. This race attracts upwards of 1000 participants with a massive spectator following.

Date: Tuesday, July 4, 2017 at 8:00AM

**Location:** Mishler Theatre, Downtown Altoona. Registration at Heritage Plaza 11<sup>th</sup> Avenue.

#### **CANOE CREEK TRIATHLON & RACES**

Our 30<sup>th</sup> annual **triathlon** features a half mile open lake swim, followed by a 13 mile rolling hills bike ride, finishing with a 5k rolling hills run. You have the option to do a **Duathlon** (run, bike, run), 5k run or 2 mile walk instead of the triathlon.

**Date:** Saturday, August 5, 2017 at 8:00AM

**Location:** Canoe Creek State Park, PA

#### **HOLLIDAYSBURG DIAMOND DASH**

The second year for the Diamond Dash will offer a **10k run, 6k run & 5k walk**. The race will start/finish in the Hollidaysburg Diamond. This race is sure to be fun for the whole family.

Date: Saturday, September 9, 2017 at 8:00AM

**Location:** Hollidaysburg Diamond

#### **OCTOBER HALF-MARATHON & RACES**

The 13<sup>th</sup> annual Half Marathon & Races will consist of a **13.1 mile run, 10k run and a 5k walk**. The race will start/finish at the YMCA. This race is our fastest growing race based on prior year participation levels.

Date: Saturday, October 7, 2017 at 8:00AM

**Location:** Hollidaysburg Area YMCA

## **TURKEY TROT RACE**

The 18<sup>th</sup> annual Turkey Trot Race consists of a **rolling 4.5 mile run, flat 2 mile run and 2 mile walk**. One of our most popular family events for locals and those visiting from out of town.

Date: Saturday, November 25, 2017 at 8:30AM

**Location:** Hollidaysburg Area YMCA

# **TWILIGHT RACE**

Bring the family along to start your New Year celebration early with a 5k run, 2 mile run and 2 mile walk through Lakemont Park's Holiday Lights on the Lake.

Date: Sunday, December 31, 2017 at 4:00PM - 5k Run, 4:30PM - 2 mile run, 5:00PM - 2 mile Walk

**Location:** Lakemont Park, Altoona